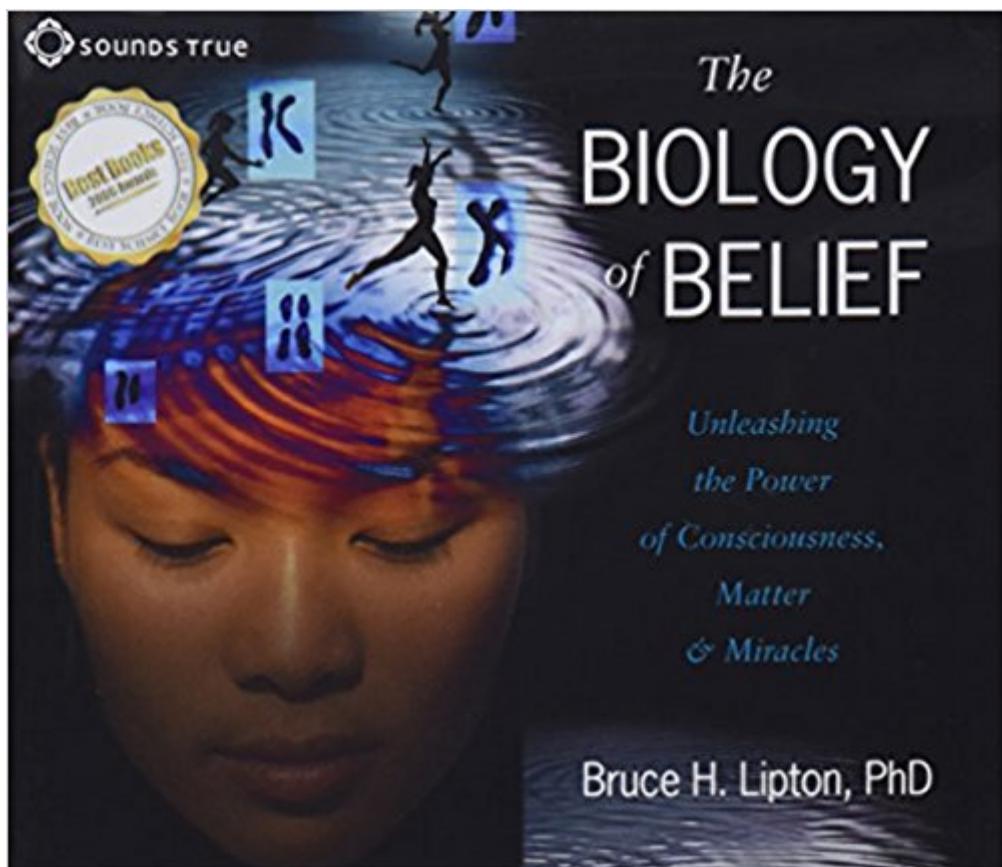


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The Biology Of Belief: Unleashing The Power Of Consciousness, Matter And Miracles



Synopsis

Since the publication of *The Biology of Belief*, Dr. Bruce Lipton has received widespread acclaim as one of the most accessible and knowledgeable voices of "new biology." The science is called epigenetics, a revolutionary field that shows us how the energy of consciousness is as important in shaping life on earth as DNA and chemistry. In this original author adaptation, Dr. Lipton brings his clarity, insight, and humor to unveiling a profound change in how we perceive the way life works, including: How environment, including our thoughts and emotions, controls the character of every cell. Quantum physics and life: the key to understanding the bigger picture of how mind over matter works. Cooperation and evolution, moving beyond the "selfish gene" theory to see that a natural trend toward harmony literally shapes the biosphere. Why the oft-dismissed placebo effect is really the most powerful healing tool we have, and much more.

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Customer Reviews

This book will sit alongside my most valued resources in my collection. The reasoning is straightforward - conventional medicine is predicated on the Primacy of Matter - that molecules are the basic building blocks of life and the most important. But conventional health solutions are becoming less effective in the provision of long term health, and more expensive. Dr. Lipton's work is admirable by focusing on the wider interconnections between the energy of our beliefs, and the amazing behaviour of cells and now epigenetics. From changing the central biological dogma of the Primacy of DNA, to outlining the quantum nature of information flows and the astounding benefits of conscious parenting, and the failure of the genome project to find enough proteins, this book is

packed full of gems sure to benefit everybody. Lipton addresses energy as purportedly 100 times more powerful than molecules. It simply makes sense we invest our 'energy' in modelling a health system geared towards both chemical AND energy based solutions - vibrations meeting vibrations. Dr. Lipton's work asks us to consider the possibility our primary source of energy comes from our internal and external environments, and our unconscious perceptions have a major influence on the health of this exchange. Obviously contentious, this book is worth 5 stars simply for the pioneering and unique message it brings. With modern technology we can repeatedly 'perceive' energy in ways we couldn't before. Science is about improving our technology, and as we are now well and truly in the ascending Dwapara Yuga (Age of Energy) we are being asked to embrace the beginnings of the wisdom and knowledge technology wave.

Firstly, this book is definitely beneficial and worth reading whether you agree with all of Lipton's conclusions or not. Others have summarized and commented so well that I would only be redundant. Instead I'd like to respond to the understandable criticism I've read in a few of the reviews... In response to the people who complained that the book lacked "tactics" and only pointed people in the direction of a partner's Psych-K seminar to sign up for, I totally understand this reaction. I had this reaction too at first and I do think Lipton could have done better here. There is nothing at all wrong with an author cross-marketing to a complementary product or service as long as the author provides significant real value in their own material. In this case Lipton undoubtedly provided this value. Because Lipton should have handled this part much better, don't really like giving it all 5 stars, but the book really delivers the goods overall and it had such a positive effect on me, that it deserves more than 4 stars too. I would give 4 1/2 stars if I could. Lipton could have improved it by being more clear about the other other ways there are to help people change their beliefs/unwanted patterns. Lipton did clearly state that there are a number of techniques for achieving this and that Psy-K is just one of them (the one he has personally experienced). Lipton could have been more helpful by pointing people to other general areas too. He could have done it in a way that didn't dilute his referral to the one example that he has an indirect business interest in (Psy-K) by listing some things apart from his Psy-K endorsement.

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